

10th November 2024

Dear National Federations,

In order to gain knowledge about anti-doping and comply with the WADA rules on the subject, we would like to ask for your collaboration and support on some of the work that we will have to carry out.

One of the demands that the IBSA, together with the IPC and WADA, is that all athletes carry out educational actions before a doping control (in or out of competition). We know that this was not always the initial protocol, however, we are working to change this framework.

With this, it will be **mandatory** to **all athletes*** who will be competing 2025 (and this is going to be necessary every year**), must participate in an **Anti-Doping Education session**. The final registration of the athlete will be official only after sending proof of completion of this education.

We strongly recommend that coaches and team managers participating in these events also take part in the education programmes you arrange before 2025.

There are 3 options for you to consider getting ready and to make sure your athletes complete anti-doping education.

The education can be face-to-face or an online course. If your athletes have completed an anti-doping course in 2024 we can recognize this if it meets the minimum standards, for example "*ADEL for Paris 2024 Paralympic Games*", so they do not need to repeat this again. But it's necessary to send to us the Certificated and the topics were covered to be recognized by IBSA.

* It is mandatory for Paralympic Sports – Blind Football, Goalball and Judo, plus Powerlifting, and strong recommended to the non-paralympic sports.

** The validation of the certificated will be only 2 years, after it, will be necessary a new one as a "recycling" training, we will be sent in 2 years the options.

Due to the wide variety of languages and possibilities in each country, we will accept some educational possibilities. Please see below for details.

Option 1	Option 2	Option 3
<p>Your NADO delivers the Education Course</p>	<p>e-Learning Course - ADEL</p>	<p>Recognizing a Recent Anti-Doping Course</p>
<ul style="list-style-type: none"> o Contact your NADO o Arrange for the NADO to deliver an anti-doping education session for your Athletes o This session must: <ul style="list-style-type: none"> - Be delivered by a trained educator / anti-doping expert. - Cover the 11 topics in the World Anti-Doping Code Clause 18.2. o The delivery method can be face-to-face or virtual. o The NADO must provide a certificate, or letter to the Member Association / Para sport organization with these details 1) date of the course, 2) who was the educator delivering the course, 3) the names of the participants who successfully completed this course. <p>Then email the IBSA Anti-Doping the confirmation from the NADO that the players have completed the course / education session.</p> <p>anti-doping@ibsasport.org</p> <p>The deadline to send the Certificate will be in 3 months BEFORE the competition</p>	<ul style="list-style-type: none"> o ADEL – WADA’s online anti-doping education & learning platform. Course to be completed is titled “<i>ADEL for International-Level Athletes Education Program</i>” or “<i>ADEL for Paris 2024 Paralympic Games</i>” o Each player completes an online course, passes a test, and receives a Certificate. o The required course is available in several languages. o Visit https://adel.wada-ama.org/learn o Each player must go to this website and register. o Complete the course in your own time. It can take about 1 hour. o Complete the course, pass the test, and make sure you get the certificate and send to the Member Association. <p>The Member Association sends the certificate to IBSA Anti-Doping.</p> <p>anti-doping@ibsasport.org</p> <p>The deadline to send the Certificate will be in 3 months BEFORE the competition</p>	<p>Have any of your athletes (who may be attending the other competitions) completed an anti-doping education course in 2024?</p> <p>If so, IBSA may be able to recognize this and give credit for this.</p> <p>The course must:</p> <ul style="list-style-type: none"> - Have been delivered by a trained educator / expert, or by IBSA. - Covered the 11 topics in the World Anti-Doping Code Clause 18.2. <p>Some of your athletes may have already completed the ADEL online “Talented Athletes Education Programme” or the ADEL online “International Level Athletes Education Programme.”</p> <p>Contact the IBSA Manager to get the course/anti-doping education activity approved as meeting the requirement for 2025 License.</p> <p>anti-doping@ibsasport.org</p> <p>The deadline to send the Certificate will be in 3 months BEFORE the competition</p>

Planning is very important. Here are some suggestions about getting ready for the Education and making sure each athlete completes some of the Anti-Doping Education before the competition.

Phase	Actions	Outcomes
Planning	<ul style="list-style-type: none"> o Look at your target athletes for 2025 registration events. o Decide who you want to include in the Anti-Doping education programme. o Decide the format of training – e-learning course / face to face session. o Contact your NADO to find out about information sessions and delivery times. 	<ul style="list-style-type: none"> - List of names for the anti-doping course. - Information about their knowledge of anti-doping / if they have done a course before. - Format of learning decided. - NADO booked / scheduled for anti-doping education session. - Attend the session / ask questions.
Phase	Actions	Outcomes
Delivery	<ul style="list-style-type: none"> o Athletes attend education course. o All mandatory content areas covered - 11 topics in the World Anti-Doping Code Clause 18.2. o Assessment of learners – did they all pass? Certificate? 	<ul style="list-style-type: none"> - Names of those attending. - Course completed. - Names of athletes and the course details ready to send to IBSA.
Reporting	<ul style="list-style-type: none"> o Prepare a report for IBSA - names of those who successfully completed the course. o Email information to Juliana Soares – anti-doping@ibsasport.org o Deadline – 3 months BEFORE the competition 	<ul style="list-style-type: none"> - Lists received and checked by IBSA. - IBSA confirms all participants have completed their obligations.

If you have questions about the requirements or you need support to contact your National Anti-Doping Organisation (NADO) to deliver the training, or contact Juliana Soares, Head Anti-Doping – juliana@ibsasport.org

We would appreciate your cooperation in this very important action.

Thank you

IBSA Anti-doping Team

